

Robyn's Protein Balls

*From the Kitchen of
Well Life with Miriam*

Ingredients:

- 1 cups dried dates
- 1 cup almond butter
- 1 tsp vanilla extract
- 1/4 cup shredded coconut
- 1/4 cupish pecans
- 2 Tbsp. chia seeds
- ¼ cup hems seeds

Directions:

- Chop dates into small pieces
 - Combine dates, almond butter, vanilla extract, coconut, chia seeds in food processor. Pulse to desired consistency.
 - Add pecans and do same, I usually leave these chunky.
 - Put hemp in a bowl.
 - Roll into desired ball size and coat with hemp mixture.
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